

OATLEY WEST Lantern

DATES FOR YOUR DIARY

31
JULP & C Meeting 6:30pm
School Library1
AUG

Cake Day 2J/4W

9
AUGEducation Week
Open Day24
AUGCommunity Festival
Weekend6
SEPBook Week
Author Visit

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*The School by the park –
Great Kids, Great Teachers, Great School!*

MR NASH'S CORNER

Peer Support commenced last week and is a very important program in our school calendar. Peer Support provides authentic opportunities for Peer Leaders and empowers our young people to support each other and contribute positively to the school culture. By working in groups K-6, students develop key skills in resilience, assertiveness, decision making, problem solving and leadership. Peer Leaders are trained to facilitate sessions from 8 modules and Supervising Teachers provide support to the Peer Leaders through training, briefing, debriefing and supervision during the sessions and uses a whole school approach to support other complimentary initiatives such as Student Wellness, KidsMatter, Values Education, Buddy Programs, Anti-Bullying and the use of Restorative Justice.

FIVE MINUTES WITH... Ms Wendy McIntosh



Favourite book:

To Kill A Mockingbird—I admire Atticus Finch for his fairness and equity. It's the only book I have read more than once.

Favourite Place to Holiday:

I love going to visit my daughter and grandson in the Whitsundays as it's beautiful up there, particularly in winter.

Favourite Food:

I love a juicy medium steak & I enjoy seafood. So my favourite is Surf n Turf because I get to have both!

How long at OWPS?

1 1/2 years

Favourite thing about OWPS

All the beautiful staff and students. I have felt appreciated and supported by our lovely staff and students since my very first day here.

VALUE FOR THE WEEK

COOPERATION

Work together to achieve common goals.
Help each other to succeed.
Work together to peacefully resolve conflict.
Listen to the views of others.



Principal Nash continued

SCHOOL COMMUNICATION

We are ever mindful that communication between school and home is an important issue. We continually seek ways to inform you of events and happenings around the school. We are working to streamline communication forms with the following in place:

- The school website is used to communicate general information about the school, upcoming events and downloadable copies of the weekly newsletter.
- The School Newsletter is used to communicate future events in the school and celebrating achievements of students and teachers and school events.
- Facebook Official Page is for photos of what's happening around the school, celebrations of learning, as well as urgent information.
- Skoolbag is used for information alerts, for urgent messages, eforms and an additional way to access the newsletter. This app also serves as an EMERGENCY contact should this be necessary eg., the school is in a bushfire prone area.
- SeeSaw is used by class teachers in some classes to celebrate the learning occurring in the classroom.

P&C MEETING TOMORROW NIGHT

Reminder that we have a P&C Meeting in the Library Tuesday night (31/7) @ 6.30pm.

Department of Education**Strategic Plan 2018-2022****Our Values—Trust**

'We respect others' expertise, experience and points of view, and listen with an open mind..'

Principal Nash continued



Paul Nash

**VALUE LEAF ASSEMBLY**

Congratulations to all the students who received Values Leaf Awards at last Wednesday's assembly. It is encouraging to see all of our students upholding the school values within the school grounds and in the community.

ATHLETICS CARNIVAL - THE RIDGE

Athletics Carnival - The Ridge

Our school athletics carnival will be held next Monday 6th August (Week 3) at The Ridge Athletics Track. The students are required to be at school at 7.50am at the latest. It is a school day and all students should be in attendance unless they are sick. Please remind your child what house they are in, their age THIS YEAR and ask them to practise spelling their full name out loud. If your child hasn't returned their note they can give it to their classroom teacher as soon as they get to school.

Students are to wear full sports uniform with their hat. They may wear a house colour top if they wish. Please pack a light raincoat or a small umbrella, some small games e.g. cards, novel, colouring or puzzle books so the students have something to do while they are waiting for their races. Thank you in advance to all the parents who have already volunteered to help. If you could gather at the recording table we will give you your roles.

Parents who wish to take their child home at the end of the carnival need to see Miss Ross. There will be a designated sign out table with all class rolls. Students must be signed out by a parent/carer by Miss Ross. All parents are welcome as spectators but for safety reasons, we ask you to stay off the field at all times (except for signing out your child).

Miss Ross

COMMUNITY FESTIVAL

**SILENT AUCTION ONLINE FROM THIS WEDNESDAY**

Each year our Silent Auction is one of the most popular Festival activities. This year we again have more than 100 great activities and goods for you to bid on. We've made some changes this year based on feedback from the community - some items will be available 'Online Only' and some will begin online and transition to the live event (shown as 'Pre-Event Bidding').

<https://www.32auctions.com/owpsauction2018>

Bidding will open this Wednesday so jump online and put in your bid for some great vouchers from local businesses like AdventureCo, Real Results Fitness and Edmonds & Greer or plan for the next school holidays with passes for ANSTO, Jenolan Caves or the NSW Rail Museum and so much more!

'Online Only' items will end at 2pm on Friday 24th August 2018 and go to the highest bidder at this time. Items that were marked as 'Pre-Event Bidding' online will transition to paper-based live bidding from 7pm on Friday 24th August (at Opening Night) and continue over Saturday 25th and Sunday 26th August. Bids will close at 2pm on Sunday 26th August 2018 (the last day of the Festival) and the highest bidder at this time will be the winner of the item. Vouchers and items won in the Silent Auction will be available from the Silent Auction stall (located outside the School Library) from 3pm after the conclusion of the auction.

Thanks to all the wonderful businesses who have contributed items and experiences for our Silent Auction. Their generosity allows for all the proceeds to go directly back to our school so please check them out and support them.

Sarah Cummings

0412669880 | www.sarahcummings.com.au

EMOTIONAL INTELLIGENCE

Emotional Intelligence.

We all know about intelligence and usually connect it with academic ability, but have we ever thought about it in regards to our feelings and emotions? Emotional intelligence has been widely researched and has been linked to how well we perform academically and succeed in life.

So what is emotional intelligence? Emotional Intelligence is the ability to identify and manage your own emotions and the emotions of others. It is generally said to include three skills: emotional awareness; the ability to harness emotions and apply them to tasks like thinking and problem solving; and the ability to manage emotions, which includes regulating your own emotions and cheering up or calming down other people. If we can firstly identify how we feel and manage them in a healthy way, then that sounds like a great way to live.

What are some signs of emotional intelligence?

You think about feelings. Emotional intelligence begins with what is called self- and social awareness, the ability to recognize emotions (and their impact) in both yourself and others.

You pause. The pause is as simple as taking a moment to stop and think before you speak or act. (Easy in theory, difficult in practice.) In other words, pausing helps you refrain from making a permanent decision based on a temporary emotion.

You strive to control your thoughts. You don't have much control over the emotion you experience in a given moment. But you can control your reaction to those emotions--by focusing on your thoughts. By striving to control your thoughts, you allow yourself to live in a way that's in harmony with your goals and values.

Emotional Intelligence continued

You benefit from criticism. Nobody enjoys negative feedback. But you know that criticism is a chance to learn, even if it's not delivered in the best way. And even when it's unfounded, it gives you a window into how others think.

You show authenticity. Authenticity doesn't mean sharing everything about yourself, to everyone, all of the time. It *does* mean saying what you mean, meaning what you say, and sticking to your values and principles.

You demonstrate empathy. The ability to show empathy, which includes understanding others' thoughts and feelings, helps you connect with others. Instead of judging or labelling others, you work hard to see things through their eyes.

You give helpful feedback. Negative feedback has great potential to hurt the feelings of others. Realizing this, you reframe criticism as constructive feedback, so the recipient sees it as helpful instead of harmful.

Let's all take the time to think about how we can all be emotionally intelligent in our day-to-day lives!

*Information sourced from multiple resources and articles.

Sanobar Kazi

School Counsellor/Psychologist.

CAKE DAY



Cake day is on again this Wednesday, 1 August at recess. Classes 2J/4W are kindly asked to donate cakes for this fundraiser.

SCHOOL BANKING

Rewards Program update

In Term 3, two new reward items from our Super Savers range become available to redeem.

- Mighty Boom Handball
- Heat Reactor Pencils



Many thanks to our school banking Grand Parents and Mums, Faith S, Annie H, Hazel S, Jesny L, Wendy Y, Angel L, Tina Y, and Grace L for being generous with their time and helping with school banking last Thursday as well as the last weeks of term 2.

Please note due to popular demand, Secret Scratch Notepad is no longer available.

See link below for 2018 prizes

Remember Term 1, 2 & 3 prizes are only available to claim.

<https://www.commbank.com.au/content/dam/commbank-assets/banking/youth/2018-01/school-banking-parent-pack-rewards-card-colour-0118.pdf>

Current turnaround time for claiming a prize is 2 – 3 weeks.

School banking cancelled for Thursday 9th of August 2018 due Education Week @ OWPS.

All our parent volunteers are stage 1 parents who want to spend the morning visiting their children in class and hence no one available to help with banking.

UNIFORM SHOP

Manager – Sia Coelho

Enquiries: scoelho@iinet.net.au

The Uniform Shop is open for your convenience every Thursday from 9-10am at the end of G Block, next to 1M. This onsite service would not be available without our wonderful volunteers.

All students should now be in their winter uniform.

All uniform requirements are outlined on the School website.

Thank you: Many thanks to Bee M-B who volunteered at the Uniform Shop last week.

Kindy 2019 – We are currently in the process of ordering stock for Kindergarten 2019. If you haven't already enrolled your child or know a family living in the catchment area who has a child starting Kindy at OWPS next year, please contact the office for an enrolment form. Enrolling your child now, will assist the Uniform Shop with ordering sufficient stock in time for orientation.

Stock Update – Size 8 Long Sleeve Polos are currently out of stock, due to an unprecedented demand. These have been ordered, with expected availability within two weeks.

Raincoat SALE: \$10 – We have small and medium raincoats which are being discontinued, for sale. These raincoats are a hooded poncho, designed to fit over a child's schoolbag when worn. They are best suited to children in Years K-2.

Uniform Orders: Order forms (dated January, 2018) can be completed and dropped in to the school office. Please note, orders are not accepted via e-mail. All orders will be delivered to your child's classroom on Thursday when the shop is open. The preferred payment method for orders is by Credit Card or Cheque as we cannot be held accountable for lost cash/orders. Cards are generally debited one day prior to delivery.

We take great pride in the appearance of the children at Oatley West Public School and encourage all students to wear the correct school uniform.

Oatley West Public School

Celebrates

Education Week

2018

All family and friends are invited to join us for:

OPEN DAY

Thursday 9th August

9:25am - 12:15pm

Whole School Assembly

Open Classroom Visits

Morning Tea

Performances & Activities



Education Week is a very important opportunity for schools, parents and the wider community to celebrate student achievement and commitment to their learning.

This year's theme is

Today's schools – creating tomorrow's worlds.

This highlights the way that public schools are future-proofing their students to succeed in the 21st century by preparing and equipping young people with the skills, knowledge and capabilities they need to lead and flourish in tomorrow's world.

Students are continually developing their critical thinking, problem solving, creative, collaborative and teamwork skills throughout learning experiences across all curriculum areas.

OPEN DAY ACTIVITIES

Whole School Assembly: 9:25am-9:45am

Welcome to parents, family and friends.

Open Classrooms: 10am-10:45am

Parents, family and friends are invited into classrooms to see the children's quality work and visual arts displays around the school.

Morning Tea: 10:45am-11:00am

Tea and coffee will be served near the canteen.

Year 6 will be selling cupcakes for \$1 and Oatley West Enviro Bags for \$3.50 as a fundraiser on the day.



Please bring along morning tea and enjoy a picnic on the Astroturf with your children.

Performances & Activities: 11am-12:15pm

The students at Oatley West enjoy many extra-curricular activities. See pop up performances and special activities around the school showcasing our talented and dedicated students.



Location	11:00am	11:10am	11:20am	11:30am	11:40am	11:50am	12:00pm
Hall			Training Band	Intermediate Band	Concert Band		
Cola						Yr 2 Choir	Yr 3-6 Choir
Astroturf	Senior Dance	Junior Dance					
Computer Room	Robotics			Coding and Beebots with 1VK			
Library	iPads/Literature						
Garden	Interactive Garden Group			Archaeologist Dig			
Quiet Area				Chess			



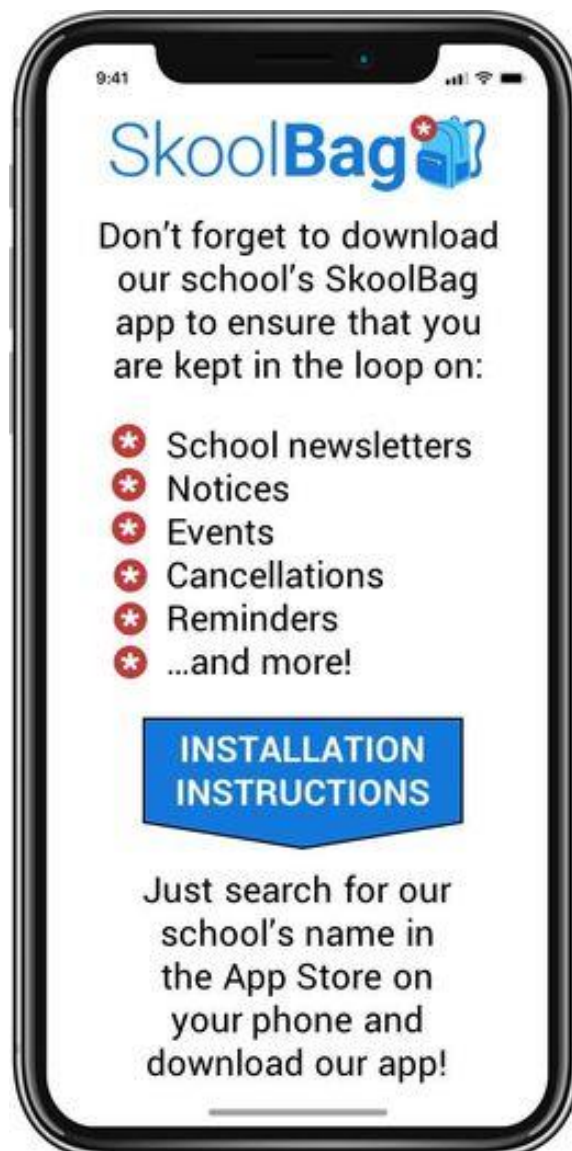
Did you know along with receiving reminders and valuable information about school events, you can send a note of absence to your child's teacher and change your personal details via the SkoolBag app?

Download the app!

Click on eForms in the home screen menu of the app and just follow the prompts to send an absent note and change of details.

Our SkoolBag app is also used extensively for urgent communication to our community.

We will use the EMERGENCY TAB should any crisis occur.





*Come and Take
A Closer Look*

**Caringbah
High School
Open Day**

For Year 5 Students & Parents
Thursday 30th August
9:30 – 11:30am
85 Willarong Road, Caringbah

Become a Part of Our Learning Community Today

www.caringbah-h.schools.nsw.edu.au

