

OATLEY WEST Lantern

DATES FOR YOUR DIARY

21
MAR

Harmony Day
Cake Day 1J & 6S

23
MAR

Trivia & Pizza Night

28
MAR

Sibling Photos 9:30am
SRC Badge Assembly

29
MAR

K—2 Fancy Hat Parade

4
APR

8am Teddy Bear's
Breakfast

13
APR

Last Day Term 1



Oatley Park Avenue Oatley NSW 2223
P 02 9580 5048 F 02 9580 6372
E oatleywest-p.school@det.nsw.edu.au

oatleywest-p.schools.nsw.edu.au

*The School by the park –
Great Kids, Great Teachers, Great School!*

MR NASH'S CORNER



Photo Day went extremely well last Wednesday. We had our usual whole school photo which is always nice as a record of students and staff for the year. The photographers commented on how well organised the day was, which made it easy for them as the day progressed through each of the classes. They were also very impressed with the cooperation of our students. Their comments on student behaviour, manners and positive outlook were pleasing to hear!

FIVE MINUTES WITH...



An interview with: Benita Ollerton
(Miss Benita) Wellbeing Officer

Years at OWPS: 6

Favourite thing about OWPS: It has to be the school and the community. It's great to be able to walk around the school and chat with teachers, students and parents. The school community is one I am proud to be associated with.

Favourite moment at OWPS: Every day is a favourite moment because there are challenges, funny moments and learning opportunities to be enjoyed. I enjoy going camp each year because it's a change from the school environment and I get to chat with students who I may not chat with at school on a regular basis.

Favourite movie: Inside Out as it

helps people to understand more about feelings and emotions and how our brain works. I'm also a bit of an Avengers fan, so any Avengers movie makes me happy.

Favourite book: I read *The Night Circus* as part of a book club and it is so beautifully written that it is still my favourite book to read.

Favourite place to holiday: A few years ago I had the opportunity to go to Scotland. The weather was bleak and wet, but the scenery was gorgeous and the people were lovely. I got to visit Loch Ness, see a Highland cow and try haggis. I would like to go back again one day and explore more of what Scotland has to offer.

VALUE FOR THE WEEK

EXCELLENCE

- Always try your personal best
- Celebrate your achievements and the achievements of others
- Be proud of your school
- Enjoy learning

Principal Nash continued

The wonderful accolades continued last week when the tennis coach reiterated similar positive comments about our students. Well done Oatley West!

ORGANISATIONAL MATTERS

Mornings: We are noticing an increase of students arriving at school prior to morning duty. There should be no students at school prior to the morning duty which commences at 8.55am. Band students should remain with the organisation in the hall before coming down to the main playground at 9.00am. There is no supervision before 8.55. Teachers are in meetings most mornings and/or preparing for class. If your child needs to be dropped off prior to the start time they must remain seated in the quiet area until bell time.

Illness: Over the last 2 weeks, the school has been experiencing a virus leaving both students and staff quite ill. We have been fortunate enough to cover staff and some of our children have become ill, very quickly. All contacts need to be kept up to date. If the school needs to communicate in an emergency, we need to have access to either parent straight away. If you have changed your mobile numbers, addresses or emergency contacts, please advise the school as soon as possible.

Social Media: We continue to have concerns with children being allowed to use social media. The age is quite clearly set at 13. We urge all parents to be aware of their child's usage and never to post images of another child. This is illegal and very quickly becomes a privacy concern.

Uniforms: There are more and more items of clothing being found around the school without names on them. We would love to be able to return items to their owners, but that is not possible without a name. Please ensure that items like jumpers and hats are clearly marked with your child's name on them. Also, if items of clothing are mistakenly brought home by your children, and have names of other children on them, please send them back into the school so we can return them to their owners.

Active Citizenship: I have had many students visit my office over the term sharing with me their amazing samples of writing. I have been impressed by the passionate nature of their writing in response to events around the world. It is fantastic to see our students looking out at the wider world and thinking more about what they read and see in the news, forming their own opinions, and better still, taking to writing to express themselves. Brilliant work!



On Friday last week, Australian schools stood united in their communities to celebrate the eighth National Day of Action against Bullying and Violence (NDA). The National Day of Action is Australia's key anti-bullying event for schools and

in 2018, schools are called to [imagine a world free from bullying](#) and share their BIG IDEAS.

From <https://bullyingnoway.gov.au>

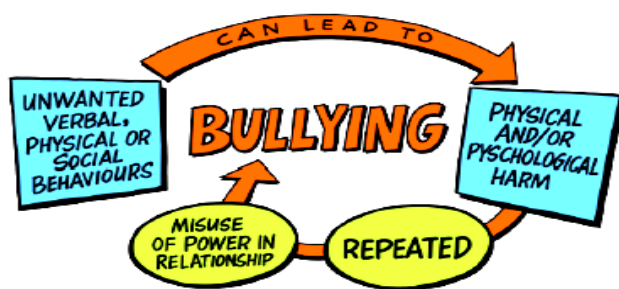
Parents and other carers have a key role in preventing and responding to bullying.

You can:

- Learn [what bullying is](#) and what it is not. This is the first step in talking about how to prevent or respond to bullying with your child. 'Bullying' is a word that is used for lots of things that are not actually bullying. These other behaviours may be just as serious, but may require different responses.
- [Talk about bullying](#) with your child at home to make it easier for them to tell you if something happens. Make sure they know what bullying is and how they can respond. Help prepare your children to [prevent online bullying](#) and to know what to do if it happens.
- Start [when your child is young](#) to guide them to develop the social and emotional skills they will need to build positive relationships throughout their lives, including [problem-solving skills](#).
- Recognise the [warning signs of bullying](#). Although there may not be an issue, you should talk to your child if you have any concerns. Raise the topic generally if you don't want to ask directly. Be aware that many times children and young people won't ask for help, so it is important to know what to look for.
- Learn about how to respond appropriately [if your child tells you about bullying](#). You can reassure your child by remaining calm and being supportive.
- Find out as much as you can about what has happened by [talking calmly](#) with your child. A good understanding about what has happened can also help you in communicating with the school about the situation.
- Read about [strategies that can help](#). Practising strategies at home with your child is a good way to prepare them to use them at school.

Principal Nash continued

- Contact [the school if bullying has occurred](#) and the school needs to be involved. Read about how you and the school can [work together](#) to support your child, whether your child was bullied, bullied others, or witnessed bullying.
- [Get involved](#) in what your school is doing to prevent bullying.
- Learn about relevant [state or national laws](#) about bullying.
- Find resources for parents on [online safety](#) on the Student Wellbeing Hub about supporting your child to be safe online.
- Find additional assistance if, after working with your child and your school, you need [more information or help](#) to address the situation from outside the school.



National definition of bullying for Australian schools:

'Bullying is an ongoing misuse of power in relationships through repeated verbal, physical, and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).'

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.'

The national definition of bullying for Australian schools was developed by the [Safe and Supportive School Communities Working Group](#). This national group includes all state, territory and federal education departments, as well as national Catholic and independent schooling representatives. The definition of bullying has been developed as part of the National Safe Schools Framework and can be found on the Australian Government's Student Wellbeing Hub.

Principal Nash continued

THOUGHT FOR THE WEEK

Strategic Plan 2018—2022

Department of Education

Our Values—Service

We are flexible, innovative, responsive and reliable.

Got It!



Getting on Track in Time - Got It! is an early intervention mental health program for children in Kindergarten to Year 2 and their parents and carers.

An information session was run last Monday. For those parents that could not make it to the session, please refer to the handout later in the newsletter. An information letter, permission note and survey will also be coming home for all students in K-2.

Neralie Chappell
Deputy Principal

School Photos



Catch Up Photos – Siblings

On **Wednesday 28 March** (next week) the School Photographer will return to finish the photographs of any siblings who missed out on photo day. They will start at **9:30am**

SRC Assembly

On Wednesday 28 March there will be an assembly for SRC class representatives to receive their badges. This will start at 2:10pm in the school hall. Parents are welcome.

Harmony Day



Oatley West Public School will be celebrating Harmony Day this Wednesday 21st March. The message of Harmony Day is 'everyone belongs'. Students are encouraged to wear the colour orange to school to show their support for cultural diversity and an inclusive Australia. Each class will be involved in various activities in their classrooms to celebrate this wonderful day.

Mrs Assad – Harmony Day Organiser

Library News



Stage 3

Students in Stage 3 are studying the History unit "Australia as a Nation". Students explore experiences of democracy and citizenship, including the struggles of various groups for rights and freedoms. This unit is called "WELCOME". Students in collaborative groups were asked to write a definition of the word welcome. This is an example from one group, linking beautifully to Harmony Day which is celebrated on the 21st March.

"Welcome means to invite someone, in a warm way.

It can also mean to greet people and to include people no matter what their appearance or race. It is to make you feel like you belong."

Overdue Books

Please encourage students to bring their Library books for returns or to renew each week. Overdue notices will be sent out next week.

Rita Fitzpatrick and Holly Blake

Year 6 News

Hot Cross Buns for Sale!

Year 6 will be selling Hot Cross Buns at lunchtime on Thursday 29th March to raise funds for their Year 6 gift and their farewell. Please bring in \$1 to purchase a yummy hot cross buns at lunchtime.

From next Monday, 26 March, Year 6 will be selling raffle tickets for Easter Hampers. Raffle tickets will be 50c each. They will be on sale all week in the morning before school and at lunchtimes. The winner will be drawn on Thursday before the Easter Hat parade.

Thank you from Year 6

Fancy Hat Parade



SAVE THE DATE
K-2 Fancy Hat Parade
29th Mar 2:30pm

Get your cameras ready for a wonderful event at OWPS on Thursday 29th March for our K-2 Fancy Hat Parade at **2:30pm**.

Cake Day

The next cake day is this Wednesday, with cakes supplied by 1J and 6S. The following cake day will be Wednesday 11 April, with cakes from 1M & 5D.

OWPS Community Prayer Group

The meeting is this week!

Day : Tuesday 20th March

Time : 2 - 3 pm

Venue : Please contact Jill Allen (0413 452367) for details

Come and join us in prayer for our school.

Refreshments and afternoon tea provided.

All welcome.

Any enquiries please contact Jill Allen.

School Club

Cake Day Roster and School Club News

Thank you all for your patience while we put together this year's cake day / school club roster. Please find this information attached at the end of the Newsletter.

For those parents new to the school, School Club is a small informal group of parents who undertake fundraising initiatives for the school.

Each year we organise and run, the monthly cake days, Mother & Father's day stalls and a couple of other fun fundraising events.

Teddy Bear's Breakfast



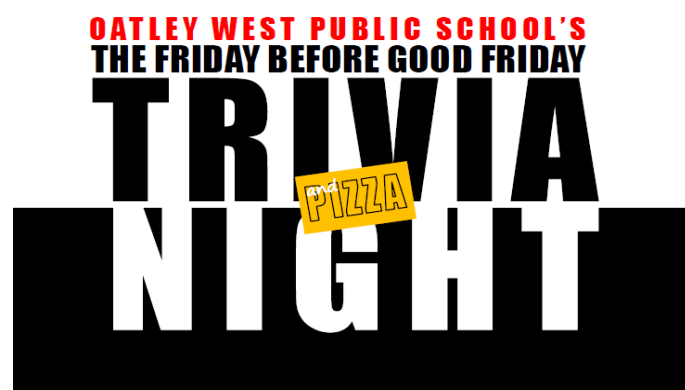
This year the first such event will be a Teddy bear's breakfast, to be held on the 4th of April at 8am. This event is aimed at getting Mums, Dads & Carers to the school to share a breakfast, meet up and hopefully get to know some new people. The teddy bears are invited along just for fun. You will be sent some additional information about this event closer to the date, but please pencil this morning into your busy schedules if you can.

Volunteers

For those parents who would like to join in and help organise some of the events planned this year, School club is always very happy to have fresh faces and ideas, there is no ongoing commitment required just come along to a meeting or volunteer on the day. We will always endeavour to advertise our meeting times and volunteering opportunities well ahead of time, and younger children are always welcome to come along.

We thank the school community for your continued support of all our fundraising initiatives, we hope this year that the funds we raise will go towards a new playground and equipment to enhance the school environment.

Fundraising



THIS FRIDAY

23 MARCH 2018

6.30pm

Oatley West Public School Hall

It's not too late to book a ticket for The Friday Before Good Friday Trivia and Pizza Night.

This is a wonderful opportunity for parents, teachers and our community to get together and have some fun.

There are many exceptional prizes up for grabs on the night including hotel stays, quality wine and spirits, restaurant vouchers, beauty vouchers, homewares, gift cards and much more.

Thank you to our generous sponsors:

Cambridge Hotel Sydney

Novotel Brighton

Levantine Hill

Treasury Wine Estates

Tomkin

Postcard from Napoli

Karley Dana Hair

Jellystone Designs

Rodan + Fields



Jump online to book yourself a seat, or better yet, get a team together and book a table. Don't miss out!

www.trybooking.com/UESC

Uniform Shop

Uniform Shop

Manager – Sia Coelho

e-mail: scoelho@iinet.net.au

The Uniform Shop is managed and run by volunteers and is open for your convenience every Thursday from 9-10am near the COLA outside C Block.

CORRECTION: Week 9 – Uniform Shop will be open on Thursday as usual (NOT Wednesday as previously advised)

All students should be wearing their summer uniform. All uniform requirements are outlined on the School website.

Thank you: Many thanks to Kathryn K, Belinda P and Rowena S who volunteered at the Uniform Shop last week.

Winter Uniform: Winter Uniform is NOT yet available for over the counter sales and is not worn until the day after Mother's Day (14th May).

All winter uniform pre-orders should have been submitted by now. Supply of uniform can no longer be guaranteed if your order had not already been placed.

NB: Accounts for these orders will not debited and cheques not presented until stock arrives and is ready for delivery.

Uniform Orders: Order forms (dated January, 2018) can be completed and dropped in to the school office. All orders will be delivered to your child's classroom on Thursday when the shop is open. The preferred payment method for orders is by Credit Card or Cheque as we cannot be held accountable for lost cash/orders.

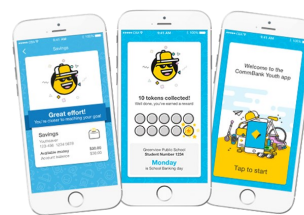
School Banking

Thank you to Faith S, Vicky G, Jesn L, Annie H, Hazel S, Kiko M, Wendy Y and Tina Y for helping with school banking last week. Your help is greatly appreciated.

CommBank Youth App

In today's increasingly cashless society, parents believe online transactions make it harder for kids to learn the value of money, but also agree technology can make it easier to learn how to track savings goals and monitor their spending (42 and 41 per cent respectively), a new CommBank survey has found.

To help parents teach their kids vital money management skills in a safe online environment, CommBank has launched the CommBank Youth app, to provide kids real-time access to their bank accounts. This secure digital banking tool is designed to help kids understand the concept of digital money and learn money skills in a fun way.



CommBank Youth app can be downloaded on iOS 9.0+ devices.

Your child can securely log on to the CommBank

Youth app using their NetBank client number. If your child hasn't got a NetBank client number, you can set this up by visiting your nearest CommBank branch with your driver licence and child's birth certificate.

Kids can create a list of chores on the CommBank Youth app, and tick them off when they've completed them to earn pocket money. Savings goals can also be set up in order to watch progress against these goals, as well as keeping a tally of tokens earned.

Parents can monitor all activity on their child's bank accounts from their CommBank app.

Getting On Track In Time!

GOT IT!



An early intervention program that works
with schools to increase the resilience
and wellbeing of students.

What is Got It?

We are a team of mental health professionals who are passionate about working with schools, children and their families to enhance wellbeing and resilience in children. We work with the Department of Education and your school to provide an early intervention service that is aimed at enhancing social and emotional skills within your school.

Why is Early Intervention Important?

Early intervention is when training and skills are taught before any serious problems or concerns are identified. By getting in early to enhance wellbeing, research has shown huge benefits to children both now and in the long term.

Research has shown that children who are mentally and emotionally healthy are more motivated to learn and do better at school. They also have more positive relationships and find they are better able to manage the challenges of life.



This means that it is important for all of us to think about how we can teach children the emotional and social skills children need to increase their emotional and mental wellbeing. This is what Got It! is about.

School

The whole school is going to benefit from the Got It! program. Your teachers will be given professional development to enhance their teaching of emotional and social skills. The teachers will then deliver the skills training to their students.

Kids

K-2 students will be taught the social and emotional skills they need to improve their sense of wellbeing. They will be taught:

- How to manage their feelings and behaviours
- Problem solving skills
- How to make and maintain friendships more easily
- How to be more confident and resilient



Small Group Program

A small group of families will also have an opportunity to join a 10 week group program called Exploring Together. This program is for a parent or carer as well as your child to learn together. It is an evidence based program that supports parents to promote a positive family environment and learn new ways of making a valuable difference in your child's emotional and social wellbeing. Your child will also learn the skills they need to improve their social and emotional wellbeing.

This group will be offered to families based on the questionnaire that the school will provide and in consultation with the school around who will benefit most from this opportunity.

Building Resilience

- <https://healthyfamilies.beyondblue.org.au/healthy-homes/building-resilience>
- raisingchildren.net.au

If you are concerned about your child you can talk to your child's classroom teacher, the school counsellor or your local doctor.



 **Health**
South Eastern Sydney
Local Health District
Child and Adolescent Mental Health
34 Woniora Road, Hurstville 2220
Ph: 8198 7300





School Club & Cake Day Register 2018

Dates:

Classes to provide cakes:

WED 28 FEB	1VK	6M
WED 21 MAR	1J	6S
WED 11 APR	1M	5D
WED 23 MAY	1W	5G
WED 20 JUN	2M	5A
WED 1 AUG	2J	4W
WED 29 AUG	2T	4F
WED 26 SEP	2KC	3B
GRANDPARENTS DAY DATE TBA	KH, KB, KM, KC	3K
WED 21 NOV	1B	3/4B

Cakes are sold during recess outside the LIBRARY and under the COLA for 50cents each – healthier alternatives are encouraged and parents are reminded that no items containing nuts should be sent to school. Parents are also welcome to come along on cake days to sell cakes to the kids at recess from 11:20am your children will love to see you there.

Other School Club Events to note in your calendar:

- Teddy Bear's Breakfast 4th of April at 8am
- Mothers Day Stall - 8th May, 2018
- Fathers Day Stall - 30th August, 2018

School Club is planning some other fundraisers this year and we will be sure to keep you posted.