



OATLEY WEST Lantern

DATES FOR YOUR DIARY

20
MAR

Wear Blue for A Cure
Cake Day 1 Green/
5/6 Purple

21
MAR

Music Council Meeting
7pm Multi-Purpose

2
APR

Short & Sweet Concert

28
MAR

Teaching Your Child to
Read Workshop
2:30pm

12
APR

Fancy Hat Parade K-2
Last Day of Term



Oatley Park Avenue Oatley NSW 2223
P 02 9580 5048 F 02 9580 6372
E oatleywest-p.school@det.nsw.edu.au

oatleywest-p.schools.nsw.edu.au

*The School by the park -
Great Kids, Great Teachers, Great School!*

MR NASH'S CORNER

NATIONAL DAY OF ACTION AGAINST BULLYING AND VIOLENCE.

The national definition of bullying for Australian schools says:

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

FIVE MINUTES WITH MRS CHAPPELL—Deputy Principal



Favourite food: Thai and chocolate (but not together)

Favourite song: Celebration by Kool and the Gang. It always makes me feel happy.

Favourite place to holiday: Anywhere new. I love exploring and experiencing different things.

Favourite book: Gordon's Got a Snookie by Lisa Shanahan. It has a great message using humour, a variety of language features and powerful images. The author is local, whom I respect.

Favourite event at OWPS: The OWPS Community Festival. We get to work together as a whole school to support this event and achieve an amazing experience for the community. It shows the dedication and commitment by so many to support our school.



VALUE FOR THE WEEK

EXCELLENCE

Always try for your personal best.

Celebrate your achievements and the achievements of others.

Be proud of your school - Enjoy learning.



Principal Nash continued



At Oatley West Public School, we aim to create a safe and supportive school community for everyone.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

If your child talks to you about bullying:

Listen calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.

Reassure your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.

Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.

Principal Nash continued

Visit www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.

Contact the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.

Check in regularly with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the Bullying. No Way! website for parents. As well, please feel free to contact the school if you would like to discuss any aspect of our approach to preventing bullying.

Thanks for your support to make Oatley West Public School a great school for everyone.

**Bullying and
violence are
never
okay**

BULLYING. NO WAY!
www.bullyingnoway.gov.au

Unfortunately our *Bullying No Way* wrist bands did not arrive in time and should be delivered early this week. We will encourage all students to wear their wristbands to school as a reminder of the National Day of Action against Bullying and Violence. Years 1-6 received a Pocket Card with student tips about bullying.

Our thoughts are with the people of New Zealand after the tragedy that has shocked us all as well as being deeply confronting. We met as a staff this morning to discuss our own wellbeing and that of our students and community as they arrive at school today. Some of our students may not have watched the extensive media coverage, while other students may have watched the media's response for many hours. Teachers will be monitoring their class throughout the day and following weeks to support wellbeing and to answer questions if/when they arise. Please be conscious of news and media reports in the home. Children may not be directly watching the television news reports but may still be taking in the content. Our schools provide a safe and supportive environment for all staff and students. We are proud that our schools embrace diversity, tolerance and acceptance of all. We know the reasons behind terror incidents like the one at Christchurch are varied and complex. As a community we need to be sensitive to people's feelings about this incident; look out for each other and let someone know if you are worried about anything or anyone.



Paul Nash



ORGANIC DIGGERS REPORT



Last week the Diggers planted cos lettuce, broccoli and cauliflower in addition to running general maintenance. Weather permitting, today we will be planting sweet potatoes donated by Mr Ballantyne, spot weeding the nutsedge and mulching any areas where the rain has washed soil cover away. Stay tuned for details of a mini working bee in week 11.

Mr Burr
Organic Diggers coordinator

WEAR BLUE FOR A CURE

REMINDER: SRC Fundraiser - Wear Blue for a Cure

This Wednesday 20th March, 2019 (Week 8) we are aiming to raise funds for the Juvenile Diabetes Research Foundation (JDRF). This organisation uses funds for research into the treatment, prevention and one day hopefully a cure for Type 1 Diabetes.

Children diagnosed with Type 1 Diabetes (Juvenile Diabetes) have many daily challenges. They need to balance food, exercise, insulin and check their blood sugar levels. This involves finger pricks and injections many times a day. For any child this would be an awful experience, so on **Wednesday, 20th March please wear blue and bring a gold coin donation to support JDRF to find a cure**. There will also be key rings, pens, note books and magnets for sale for \$2 on the day.

Hats and enclosed shoes must be worn.

Thank you for your support,

OWPS Student Representative Council (SRC) and Miss Annalise Farah

SPORTS NEWS

District Tennis

Congratulations to Alex and Sasha

who represented Oatley West Public School in Tennis for the Sydney East Trials. Zone trials were held at the

Ken Rosewall Tennis Centre in Peakhurst. Sasha and Alex both played some great tennis and were selected to go to district trials at the Rockdale tennis centre. Alex is a good tactician on the court and plays confident tennis. At district trials Alex competed in one of the tougher groups, where he won some matches and left everything on the court. Unfortunately, Alex just missed out on progressing past the group stage. Sasha came second in her round robin group and progressed to the later stage of the district trials. Sasha had a play off match where she lost 2 games to 2 and 7-5 in the deciding tie-breaker missing out on being selected as part of the state team by 2 points. Sasha came very close to making it into the state team. Sasha and Alex are proud of their achievements. They have both come out of the trials with more confidence and motivation and are both looking to train harder in the weeks to come.



PSSA - Boys Teeball/Softball & Girls Cricket
Unfortunately Gannons Park is unavailable for PSSA on 29th March 2019 (Term 1, Week 9). All games on this date have been moved to Evatt Park (Cricket) and Lugarno Public School back oval (Teeball/Softball).

PSSA Cancellation

A reminder that when PSSA is cancelled, this also means all other sports and their respective training sessions are also cancelled. This includes tennis, bushwalking and school sport. It is important to keep a eye on the Skoolbag App as training and/or competition may be cancelled on the morning of due to unforeseen circumstances and we endeavour to provide the community with this information as soon as possible.

M. Ross

FATHERING PROJECT



We are aiming to do one event a term, the next date is **Monday 27th May**, please save the date, more information to come. We have some ideas in mind, however if anyone has any suggestions please let me know.

Did you know you can sign up for Fathering Project tips, go to: fp4me.org

Miss Benita Wellbeing Officer

TEACHING YOUR CHILD TO READ !



On Thursday 28th March at 2:30pm until 3:25 we will be holding a Parent Workshop in the Computer Room. This workshop is focused on how to assist your child with reading at home. It will focus on K—2, however all parents are welcome to attend.

Come and hear some great strategies to help your child!

Carina Cavallaro

Learning and Support Teacher

UNIFORM SHOP

Manager – Sia Coelho Enquiries:
scoelho@iinet.net.au

The Uniform Shop is open for your convenience every Thursday from 9-10am at the end of G Block. This onsite service would not be available without our wonderful volunteers.

All uniform requirements are outlined on the School website.

Thank you – Many thanks to Natalie H and Bee M-B who volunteered at the Uniform Shop last week.

Winter Uniform: Winter Uniform is not yet available for over the counter sales and is not worn until the day after Mother's Day (13th May). In the interim, we encourage all parents to place a separate order for winter uniform. **Orders placed, will be given priority**, prior to winter uniform going on sale over the counter. **Uniform Shop cannot guarantee stock availability if your order is not placed in advance as some stock can take between 8 to 12 weeks to arrive.**

Plastic Bag Fee – Although we are endeavouring to be plastic bag free, **orders will now incur a \$0.25 charge where a plastic bag is required to deliver uniform to your child.** This fee will automatically be added to your payment. If payment is made by cash or cheque, please ensure this fee is added to your payment.

Uniform Orders: Order forms (dated January 2019) can be completed and dropped in to Letterbox 8 located in the front courtyard. Please note, **orders are not accepted via e-mail.** All orders will be delivered to your child's classroom on Thursday when the shop is open, provided they are received prior to 9.30am on Thursday. The preferred payment method for orders is by Credit Card or Cheque as we cannot be held accountable for lost cash/orders. Cards are generally debited one day prior to delivery.

We take great pride in the appearance of the children at Oatley West Public School and encourage all students to wear the correct school uniform.

SCHOOL BANKING

Thank you to Faith S, Tina Y, Annie H and Hazel L for being generous with your time and helping with school banking last week!

School Banking FAQ's Checking account balances

School Banking Co-ordinators are not permitted to check account balances. The child's parent or guardian holds the authority on the child's account and only they can access the balance of the child's account.

Combining tokens with other children

This is referred to as token "pooling" and is not permitted. The program focuses on rewarding individual savings behaviour.

Redeeming reward items

For each deposit made at school students will receive a silver Dollarmites token. Once they have collected 10 tokens they can redeem them for a School Banking reward item. There are rewards to appeal to kids of all primary school ages. Reward items have staggered release dates throughout the year and are only available once they are released and while stocks last.

What prizes are available to claim?

Glow light
 Heat Reactor Pencils
 Mighty Boom handball
 Pencil Tech Case
 Scented Stackable High Lighters
 Slushie Maker Cup
 Snowy Origami Set
 Sparkle Glitter Pens
 Twister Power Handball
 Volt Handball
 Zoom Flying Disc

Prize claim forms are available at the school office.

<https://www.commbank.com.au/content/dam/commbank-assets/banking/school-banking/2019-01/bts-rewards-card-a4.pdf>

Thursday is our banking day!

PLAYERS WANTED SOCCER



ALL SAINTS OATLEY WEST
FOOTBALL CLUB

PLAYERS WANTED

All Saints Oatley West Football (Soccer) Club require players for the following age groups;

Under 7 Boys - up to 2 to 3 players required.
(play Saturday)

Under 8 Boys - up to 3 to 4 players required.
(play Saturday)

Under 10 and 11 Girls - up to 3 to 4 players required. (play Sunday)

Registration Fee after applying the Active Child Rebate is;

7's \$100
8's \$115
10/11's \$115

All new players receive a free training ball, socks, shorts and shirt.

Home ground for training is Oatley Park.
Season starts 6th/7th April and finishes mid August.

For enquiries please contact Alan Comrie 0410 579 263 / alan@asowsoccer.com.au

COMMUNITY PRAYER GROUP

OWPS COMMUNITY PRAYER GROUP

Day: Tuesday 19 March 2019

Time: 2-3pm

Venue: 22 Oatley Park Ave

Contact: Glynnis 0425 256 252 or Liz 0412 751 265 for more information or any enquiries

All welcome to join us in praying for our school and it's community

Liz Moll and Glynnis Nelson

Oatley West Public School

SRC asks you to...

WEAR BLUE FOR A CURE

WEDNESDAY 20th MARCH, 2019

**PLEASE WEAR BLUE AND BRING A
GOLD COIN DONATION TO HELP
FIND A CURE FOR TYPE 1 DIABETES**

If you don't have anything blue, please don't buy anything new. Just wear your uniform - it's blue too!

Remember to wear sensible enclosed shoes.

Key rings, pens, note pads and magnets
will be available for \$2 on the day.

Thank you!

JDRF IMPROVING
LIVES.
CURING
TYPE 1
DIABETES.