



OATLEY WEST Lantern

DATES FOR YOUR DIARY

24
JUN

SPAF tickets on sale

26
JUN

NAIDOC Week

1
JUL

Engadine Band Fest

2
JUL

P & C Meeting

3
JUL

Values Leaf Assembly



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*The School by the park –
Great Kids, Great Teachers, Great School!*

MR NASH'S CORNER

KINDERGARTEN ENROLMENTS

We are now accepting enrolment applications for 2020. Any school families with pre-schoolers turning 5 years by 31st July 2020 and are ready for school are eligible to enrol. If you have family, friends or neighbours interested in enrolling at Oatley West, please encourage them to enrol soon, so that plans for transition to Kindergarten can be developed. Kindergarten Orientation dates will be Wednesday 23th October, 30th October and 6th November at 10am.

Please be aware that all applications must be in area as per the distribution map on the school website and Department of Education website.



Paul Nash

PICTURES FROM THE PAST-Then & Now



2011— Smoking Ceremony at the Opening of our Welcome Courtyard.



Principal Nash continued

STUDENT REPORTS

The teachers have been busy finalising student assessments and are now in the process of completing student reports. Reports go home next Thursday 4th July.

SAVE THE DATE—EDUCATION WEEK OPEN DAY

Next term in Week 3 we will be having our annual Open Day on **Wednesday 7th August** where parents, grandparents and our wider community will have the opportunity to come into the school to visit with their children and see what they've been learning about.

We have taken this opportunity to hold our third **Fathering Project Day** with a Dad's BBQ at **8.00am**. Dad's can visit with their children, have a BBQ and drink, a look into classrooms and be back at work in time.

Information about Open Day will be sent home at a later date.

ST GEORGE PERFORMING ARTS FESTIVAL (SPAF)

Students who are in choir, dance and band groups and performing at Hurstville have been given notes letting parents know how they go about getting tickets to see students perform.

Tickets go on line today. You are able to book for all concerts by going to:

<http://www.spaf.schools.nsw.edu.au>

When booking online you will be required to pay at the time of the booking. No refunds or exchanges will be available. There are no further tickets available once sold out.

Please note: no strollers are allowed in the Hurstville Entertainment Centre.

Our students are performing at the following concert:

Acacia Concert -Tuesday 13th August 2019
(12.15pm Matinee & 7.00pm Evening)

Stage1, Stage 2 and Stage 3 Girls Dance Groups
Concert Band
Years 3-6 Choir.

The matinee performances provide a great opportunity to allow for grandparents or the other parent to attend the concerts.

**STAFF THANKS**

Over the last few weeks the staff have taken time to acknowledge and note 'their' wellbeing. Our executive, teachers, support and administrative staff work incredibly hard in our school. It is with great pride I acknowledge the remarkable work they do individually and collectively. Much work goes on before and after school as well as in their own time to prepare for fabulous learning experiences in the classrooms and on the playground. Behind each and every opportunity offered at Oatley West PS there is an amazing member of our staff. When you get a chance, I ask you to take the time to thank our staff for the amazing investment of time, energy and expertise they put into making our school such a wonderfully rich place to learn.



NAIDOC Week is held in the first full week of July. It is a time to celebrate Aboriginal and Torres Strait Islander history, culture and achievements and is an opportunity to recognise the contributions that Indigenous Australians make to our country and our society. This year's NAIDOC theme is 'Voice. Treaty. Truth. *Let's work together for a shared future*'.

NAIDOC Week also celebrates that 2019 is the [United Nations International Year of Indigenous Languages](#) aims to promote and acknowledge Indigenous languages or 'voice' as the first words spoken on this continent and the 65,000 plus year-old voice of this country.

Our school will celebrate NAIDOC week at assembly on Wednesday.



Principal Nash continued



VALUE FOR THE WEEK

RESPECT

Be polite, cooperative and sensible.
Treat people as you would like to be treated.
Accept and celebrate our differences.



Paul Nash



Our SKOOLBAG app is used extensively for urgent communication to our community.

We will use the EMERGENCY TAB should any crisis occur.

ORGANIC DIGGERS REPORT



With wet and muddy conditions present today, unfortunately the Diggers Club will have to be again postponed. The garden is in fine health though, benefiting from the influx of rain. The SRC, Ms Farah and Mr Flynn have started a dual bay compost system in the produce garden, harvesting fruit and vegetable scraps to turn into compost. We thank them for their efforts and look forward to utilising the home-grown compost when it is ready!

Happy gardening!

Mr Burr

Organic Diggers co-ordinator

ATHLETICS CARNIVAL

ATHLETICS CARNIVAL: Wednesday 24th July (Week 1, Term 3)

Permission notes for the Athletics Carnival went home last week. Please ensure your child returns their note to their teacher by this Friday, 28th June.

Field events will be held on Thursday 4th July here at school for Year 2 students turning 8 this year, all of Stage 2 and 10 year old Stage 3's. **Students are asked to wear sports uniform on this day.**

Stage 3 have already completed their field events, well done Stage 3!

A reminder that the only field event taking place at Barden Ridge will be discus.

Mr Griffiths- Athletics Carnival Coordinator

SPORTS REPORT

**PSSA Sport - Rugby League**

Well done to both rugby league teams on their first game for this season. Despite having a large number of new players, both teams played with confidence and enthusiasm. The Junior team had a successful start, defeating Peakhurst Public School 28-8. The Seniors had a tough game and unfortunately were defeated 40 - 27. Congratulations to Nathan B (Junior) and Trey Warner (Senior) who were awarded MVP for the game. We look forward to our game next week against Oatley Public School.

NSWPSSAA Athletics Selections Trials

Applications for the NSWPSSAA Athletics Selections Trials close THIS WEDNESDAY 26 June 2019, at 5pm.

Attached to this newsletter is information regarding the NSWPSSAA Athletics Selection Trial Information. This trial **is not** for participation at the NSWPSSAA State Athletics Championships held on 6 and 7 November 2019. Students will need to qualify for these championships through their school and association representative pathway. This **is not** the same as to when students make it through to Georges River District, Sydney East, NSW etc. This is a separate event.

In 2019 the School Sport Australia Track and Field Championships will be held in the Northern Territory. Due to extreme heat conditions in Darwin during November/December when the National Track and Field Championships are traditionally held, this year's SSA event will be held from the 18-23 September 2019.

In order to select a NSW representative track & field team for this event, the NSWPSSAA will be holding a special selection trial. Participation at these trials will be via a formal application to NSWPSSAA and athletes **MUST** compete at this event to achieve selection in the 2019 NSW representative team. An entry fee will be applicable to successful athletes.

SPORTS REPORT

Participants must be in at least their tenth year (turning ten during the year of competition) in order to compete at a School Sport Australia Championship as per School Sport Australia policy. There are no events at the SSA 12 Years & Under Championships for competitors under ten or turning thirteen.

All athletes must apply using the form provided and include a verifiable official time, distance or height that meets the minimum qualifying requirements listed in the attached form, for each event he/she is applying for. Completion of this application does not guarantee the right to compete at these trials as there are strict entry limits for all events. The convener will consider all applications and send invitations and further information electronically to successful athletes.

To be considered for the Selection Trial for the 2019 NSWPSSAA Athletics Representative Team parents are to complete either the online entry application via links below or complete and submit paper entry forms included in the information package at the end of this newsletter. Please note a separate online form must be completed for each event an athlete is applying for. Applications close 5pm Wednesday 26 June 2019. Late applications will not be considered. <https://app.education.nsw.gov.au/sport/Events/View?eventId=6094&subEventId=6095>

Please see Miss Ross for any further information.

Miss Ross

SCHOOL SWIMMING SCHEME

A Learn to Swim program for Year 2 will be happening during Term 3. There are only 8 spots left if you wish your child to attend. It only costs \$95 for 10 sessions of swimming lessons.

If interested, come to the office and fill out an expression of Interest form.

Thank you.

LIBRARY NEWS



MINECRAFT CLUB: Year 3 Beginners – Semester 1

Many thanks to some of our Yr6 students who have been teaching Minecraft skills to students in Year 3, every Tuesday, 2nd half lunch, in the Library. The Yr 3 students greatly appreciate the time you have given to help them.

OVERDUE LIBRARY BOOKS

Could you please have a look for any Library books at home, that need to be returned to the Library.

Overdue notices will be sent home next week.

LIBRARY BAGS

We often have disappointed students who would like to borrow, but are unable to do so, because they do not have a Library bag. We have quite a few books that we have to throw away due to damage caused by food, drinks, rain etc. Unfortunately, we can no longer provide spare bags for students as plastic bags are not sustainable. Please help your child to pack their Library bag each week.

Art Competition

Design a Library door entries are due next week.

Rita Fitzpatrick and Holly Blake

PREMIER'S READING CHALLENGE



There are only two more months until the PRC has finished. It is wonderful to see students borrowing PRC books, knowing that they are on their way to completing the Challenge.

Congratulations to the following students for completing the PRC:

- | | |
|----------------|------------|
| Aidan H. | |
| Laura Z. | Sarah L. |
| Clare B. | Eva M. |
| Annabelle B. | Zara S-J. |
| Phoebe B. | Manni D. |
| Lauren B. | Maya H. |
| Claire G. | Sophia M. |
| Ethan H. | Sophie R. |
| Robert J. | Joshua S. |
| Happy reading! | Lily S. |
| | Georgia T. |

P & C NEWS

Our next P&C Meeting will be held **Tuesday 2 July at 6.30pm** in the School Library. Everyone welcome to come along and join the meeting.

EARN & LEARN

The Woolworths Earn & Learn program is **closing 25 June**.

Get your stickers to the School Office ASAP so we can redeem them for new school equipment.



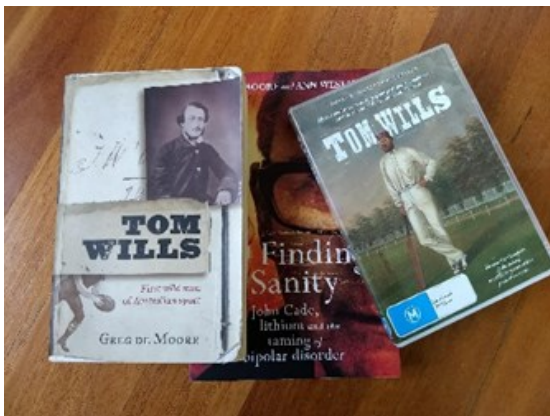
HISTORY IN STAGE 3

Our 'forgotten' history comes alive in Stage 3!

Last week, students from 5/6 Orange and 5/6 Red were treated to a visit from the historian, author and psychiatrist Associate Professor Greg de Moore. Greg was speaking to us about the legendary cricketer and co-founder of the AFL, Tom Wills. Tom also established and coached the first Australian Aboriginal cricket team back in the mid-1800s. We were all engrossed hearing about Tom's life and the impact he has had on Australian culture. Tom Wills truly was a remarkable man, and we are all amazed that his story is only now coming to light. Greg spent nearly an hour with the classes sharing stories about Tom and answering some fascinating questions. We can't thank him enough for taking the time out of his busy week to speak to us.

Greg's visit was just the first in a series of history talks we are organising for all classes in Stage 3. Following the series, students will prepare entries for the National History Competition. Wish us luck!

Jennifer McDonald
Stage 3 Teacher



SCHOOL CLUB

School Club is very proud to announce to the school community that through many years of generous support by you, last week we were able to donate over \$14,000 to initiatives within the school.

- We have provided funding for the following:
- Kindergarten Classrooms will receive new play equipment – timber food, equipment and kitchens
 - The Maths department will receive equipment to enhance the maths learning for all ages
 - PSSA Basketball Jerseys for Junior and Senior teams
 - New Home Reader books to add to the existing home reader library
 - Decodable Readers for Stages 1, 2 & 3 Learning and Support
 - Giggler & Sparkler Work Books for Learning and Support to cover all stages
 - New Books for the BEAR program.

We are thrilled to be able to provide these extra resources for the school that otherwise may have had to wait and we thank you for your generous and continued support of the Mother's and Father's Day Stalls, the Monthly Cake Day Stalls and all the other fundraising activities that School Club run through-out the year. All of the funds raised by School Club goes directly back to support the learning of your children and we appreciate the generosity of the school community and the tireless work of our many volunteers.

Kind regards - Belinda Pekert

School Club Fundraising Initiative : Bee Wrappy!

Please see attached to the newsletter a flyer for school Club's Fundraising initiative with Bee Wrappy Food wraps. Bee Wrappy food wraps are a reusable, washable and sustainable alternative to single use plastic and cling wrap. Great to wrap sandwiches and food for lunch boxes and every purchase raises funds for our school. Order via flexischools.

UNIFORM SHOP

Manager – Sia Coelho Enquiries: scoelho@iinet.net.au

The Uniform Shop is open for your convenience every Thursday from 9-10am at the end of G Block. This onsite service would not be available without our wonderful volunteers.

All uniform requirements are outlined on the School website.

Winter Uniform - All students should be wearing their Winter Uniform

Exchanges: Exchanges can only be made on Thursday when the shop is open. If you can't come in to see us when we are open, please leave your exchange at the school office in a bag, with your child's name and class noted as well as details for the exchange. If the error is ours, please contact us at scoelho@iinet.net.au

Stock Update: We have currently sold out of Size 10 Long Sleeve Blue Polos. These have been ordered and should be received this week. Orders for unavailable stock, will be placed on backorder and delivered to your child's class once received.

PSSA Sport Socks – With the introduction of new PSSA sport socks (Thinskins), sizing has changed. Sizes available are Size 9-2 (Small - geared towards Children), Size 2-7 (Medium - geared towards Teens and Women) and Size 7-11 (Large - geared towards Men). Please ensure your child is wearing the appropriate PSSA sport socks where they are required.

Thank you – Many thanks to Jo G and Bee M-B who volunteered at the Uniform Shop last week.

Volunteers wanted: Currently, Uniform Shop only has a few regular volunteers who help. If you have a spare hour on Thursday mornings from 9-10am, please consider volunteering at the Uniform Shop. Whether it's once a fortnight, month or term, all help is greatly appreciated. **NB:** A Volunteers (Free) Working with Children check will be required if you wish to volunteer.

Plastic Bag Fee – Although we are endeavouring to be plastic bag free, **orders will now incur a \$0.25 charge where a plastic bag is required to deliver uniform to your child.** This fee will automatically be added to your payment. If payment is made by cash or cheque, please ensure this fee is added to your payment.

Uniform Orders: Order forms (dated January 2019) can be completed and dropped in to Letterbox 8 located in the front courtyard. Please note, **orders are not accepted via e-mail.** All orders will be delivered to your child's classroom on Thursday when the shop is open, provided they are received prior to 9.30am on Thursday. The preferred payment method for orders is by Credit Card or Cheque as we cannot be held accountable for lost cash/orders. Cards are generally debited one day prior to delivery.

We take great pride in the appearance of the children at Oatley West Public School and encourage all students to wear the correct school uniform.

SCHOOL BANKING

A big thank you to Faith S, Angel D, Tina Y & Annie H for being generous with your time and helping with school banking last week!



Calling for volunteers – we need your help!

Our students really enjoy participating in the Commonwealth Bank School Banking program and to keep this program running we need your help.

The program requires a volunteer School Banking Coordinator to facilitate the banking and distribution of School Banking rewards. This only takes a small amount of your time one day a week and the Commonwealth Bank will provide support in how to run the program. Your help with the program will greatly benefit students as they develop vital saving skills and also help our school with fundraising.

Currently, School Banking day is Thursday.

If you are interested in volunteering for this great program, please come see us every Thursday morning at the school hall canteen straight after the bell.

2019 prizes;

<https://www.commbank.com.au/content/dam/commbank-assets/banking/school-banking/2019-01/bts-rewards-card-a4.pdf>

Any questions?

Contact owpsschoolbanking@gmail.com

<https://www.commbank.com.au/content/dam/commbank-assets/banking/school-banking/2019-01/bts-rewards-card-a4.pdf>

Thursday is our banking day!



Sport : Selection Trial - 2019 NSWPSSA Athletics Representative Team

Date: Thursday 8 August 2019

Venue: Sydney Olympic Park Athletic Centre, Homebush

Application for invitation to the NSWPSSA Selection Trials for the 2019 School Sport Australia Track & Field Championships.

This trial is not for participation at the NSWPSSA State Athletics Championships held on 6 and 7 November 2019. Students will need to qualify for these championships through their school and association representative pathway.

In 2019 the School Sport Australia Track and Field Championships will be held in the Northern Territory.

Due to extreme heat conditions in Darwin during November/December when the National Track and Field Championships are traditionally held, this year's SSA event will be held from the 18-23 September 2019.

In order to select a NSW representative track & field team for this event, the NSWPSSA will be holding a special selection trial.

Participation at these trials will be via a formal application to NSWPSSA and athletes **MUST** compete at this event to achieve selection in the 2019 NSW representative team.

An entry fee will be applicable to successful athletes.

Age eligibility:

Participants must be in at least their tenth year (turning ten during the year of competition) in order to compete at a School Sport Australia Championship as per School Sport Australia policy.

There are no events at the SSA 12 Years & Under Championships for competitors under ten or turning thirteen.

All athletes must apply using the form provided and include a verifiable official time, distance or height that meets the minimum qualifying requirements listed below, for each event he/she is applying for.

Completion of this application does not guarantee the right to compete at these trials as there are strict entry limits for all events. The convener will consider all applications and send invitations and further information electronically to successful athletes.

Please note:

Any athletes who attend on the day without a formal invitation or approval will be unable to compete.

Notes on Qualifying Times, Distances & Weights

- For throws, the implement weight should be added eg 500g, 2kg etc.
- All official times, distances or heights must have been achieved at a school, PSSA or official athletics event after August 1, 2018 and must be verifiable. Please submit the name of a school or athletics official who can verify submissions and/or supply a link to an online verification source such as a PSSA or Little Athletics website e.g. regional or state championships results.

Important information:

- **Late applications will not be considered.**
- Any student competing at the selection trials must be available to attend the School Sport Australia Track and Field Championships in Darwin everyday between Wednesday 18 and Monday 23 September 2019 inclusive.
- Only students invited to the Selection Trial will be considered for the state team and these students must compete at the trial to gain a position.
- No special consideration will be given to athletes who can not attend due to clashes with other sporting or personal commitments.
- No medals will be awarded at this event.
- Successful applicants will be notified via email, with all successful students listed. If you do not wish for your child's name to be published on this list please indicate on application form.

Events

Able bodied events will be separated into 10 years, 11 years and 12 years in the following events:

Category	Event name
Track:	100m, 200m, 800m and 1500m
Field:	Discus, High Jump, Long Jump and Shot Put

Multi Class events will be separated into 10 years, 11 years and 12 years in the following events:

Category	Event name
Track:	100m, 200m and 800m
Field:	Discus, Long Jump and Shot Put

Entry limits (solely at the discretion of the NSWPSA Convener)

Able Bodied Entries	Multi Class Entries
Track events – maximum of 18 competitors	Track events – maximum of 9 competitors
Field events – maximum of 15 competitors	Field events – maximum of 10 competitors

NSWPSSA Able Bodied Qualifying Times, Heights and Distances

Athlete results must equal or better the times, distances or heights listed below to be considered:

Event	10 years Girls	10 years Boys	11 years Girls	11 years Boys	12 years Girls	12 years Boys
100m	15.00	14.50	14.50	14.00	14.00	13.50
200m	31.00	30.00	30.00	29.00	29.50	28.00
800m	02:50.00	02:45.00	02:45.00	02:40.00	02:40.00	02:30.00
1500m	5.50.00	5.45.00	5.35.00	5.25.00	5.30.00	5.15.00
Long Jump	3.60m	3.90m	3.90m	4.00m	4.10m	4.20m
High Jump	1.20m	1.30m	1.25m	1.35m	1.35m	1.45m
Shot	8.30m (2kg)	9.20m (2kg)	8.50m (2kg)	9.50m (2kg)	8.20m (3kg)	9.50m (3kg)
Discus	24m (500g)	27m (500g)	25m (750g)	27m (750g)	26m (750g)	30m (750g)

Important: Late applications will not be considered.

NSWPSSA Multi Class Qualifying Marks

Multi class athlete results must equal or better the times, distances or heights listed below to be considered:

Girls Multi Class qualifying marks

Classification	100m	200m	800m	Long Jump	Shot	Discus
TF 01	25.01	51.50	05:33.00	1.50	3.10	6.40
TF 11	31.90	62.70	06:48.50	1.30	2.30	4.70
TF 12	27.10	56.90	06:05.00	1.30	3.00	6.60
TF 13	25.90	53.20	06:07.00	1.40	3.10	6.80
TF 20	24.60	51.30	05:35.00	1.50	3.20	7.00
TF 32	84.50	129.20	11:08.00	n/a	1.50	1.50
TF 33	52.30	90.50	07:09.38	n/a	1.60	2.10
TF 34	45.30	80.20	06:30.00	n/a	1.60	2.60
TF 35	40.90	85.20	10:14.00	0.70	1.80	2.40
TF 36	32.30	72.90	09:23.50	0.90	2.10	3.80
TF 37	29.90	61.30	07:24.00	1.30	2.70	5.40
TF 38	28.40	58.90	07:05.00	1.30	3.00	5.20
TF 40	57.60	98.60	n/a	n/a	1.70	3.30
TF 42	41.00	92.50	n/a	1.00	2.20	4.30
TF 43-44	33.00	68.20	08:44.00	1.20	2.60	5.40
TF 45-46	25.50	53.10	06:19.00	1.20	2.70	5.70
TF 51	84.50	129.20	11:08.00	n/a	1.50	1.50
TF 52	46.60	84.60	06:37.50	n/a	1.20	1.60
TF 53	35.90	66.10	04:59.00	n/a	1.20	2.10
TF 54	34.50	60.60	04:42.00	n/a	1.80	2.90
F 55	n/a	n/a	n/a	n/a	2.10	4.40
F 56	n/a	n/a	n/a	n/a	2.20	3.60
F 57	n/a	n/a	n/a	n/a	2.40	4.00
F 58	n/a	n/a	n/a	n/a	2.40	4.80
TF 60	27.70	63.50	07:16.00	1.40	2.60	5.60
TF 61	41.00	92.50	n/a	1.00	2.20	4.30
TF 62	33.00	68.20	08:44.00	1.20	2.60	5.40
TF 63	41.00	92.50	n/a	1.00	2.20	4.30
TF 64	33.00	68.20	08:44.00	1.20	2.60	5.40

Boys Multi Class qualifying marks

Classification	100m	200m	800m	Long Jump	Shot	Discus
TF 01	23.30	45.80	05:11.50	2.00	4.70	12.00
TF 11	27.60	53.80	05:33.50	1.35	3.20	8.00
TF 12	24.00	48.80	05:05.87	1.70	4.60	11.00
TF 13	23.60	45.90	04:58.00	1.90	4.90	11.00
TF 20	22.70	44.70	04:48.25	2.00	4.40	10.00
TF 32	55.90	94.90	07:16.50	n/a	2.00	2.50
TF 33	40.40	77.40	06:27.00	n/a	2.70	4.00
TF 34	38.70	67.80	05:14.50	n/a	3.50	8.30
TF 35	31.30	66.90	08:43.25	1.00	3.50	9.00
TF 36	26.90	57.30	06:15.00	1.30	3.70	7.50
TF 37	25.80	51.40	05:22.50	1.60	4.10	10.00
TF 38	23.60	47.50	05:11.37	1.70	4.00	9.00
TF 40	38.30	80.90	14:07.25	0.60	2.90	4.90
TF 42	31.40	67.50	14:07.25	1.20	3.30	8.50
TF 43-44	27.30	50.60	05:59.88	1.60	4.50	10.00
TF 45-46	23.00	45.60	04:59.63	1.90	4.20	10.00
TF 51	55.90	94.90	07:16.50	n/a	n/a	n/a
TF 52	39.40	69.50	05:19.25	n/a	2.80	3.50
TF 53	31.80	56.90	04:17.12	n/a	2.20	3.70
TF 54	28.90	52.40	03:57.75	n/a	3.00	6.30
F 55	n/a	n/a	n/a	n/a	3.20	7.00
F 56	n/a	n/a	n/a	n/a	3.30	7.50
F 57	n/a	n/a	n/a	n/a	3.80	8.20
F 58	n/a	n/a	n/a	n/a	4.40	9.50
TF 60	23.90	50.00	05:30.50	1.80	3.90	9.50
TF 61	31.40	67.50	14:07.25	1.20	3.30	8.50
TF 62	27.30	50.60	05:59.88	1.60	4.50	10.00
TF 63	31.40	67.50	14:07.25	1.20	3.30	8.50
TF 64	27.30	50.60	05:59.88	1.60	4.50	10.00

Important: Late applications will not be considered.

NSWPSSA Multi Class Implement Weights

Classification	10 Years Shot Put	10 Years Discus	11 Years Shot Put	11 Years Discus	12 Years Shot Put	12 Years Discus
F01	2 kg	500 g	2 kg	750 g	3 kg	750 g
F11-13	2 kg	500 g	2 kg	750 g	3 kg	750 g
F20	2 kg	500 g	2 kg	750 g	3 kg	750 g
F32	1 kg	500 g	1 kg	500 g	2 kg	500 g
F33	1 kg	500 g	1 kg	500 g	2 kg (1 kg)	500 g
F34	2 kg	500 g	2 kg	500 g	2 kg	500 g
F35	2 kg	500 g	2 kg	500 g	2 kg	500 g
F36	2 kg	500 g	2 kg	500 g	2 kg	500 g
F37	2 kg	500 g	2 kg	500 g	2 kg	500 g
F38	2 kg	500 g	2 kg	500 g	2 kg	500 g
F40/41	1.5 kg	500 g	1.5 kg	500 g	2 kg	750 g (500 g)
F42	2 kg	500 g	2 kg	750 g	3 kg	750 g
F43/44	2 kg	500 g	2 kg	750 g	3 kg	750 g
F45	2 kg	500 g	2 kg	750 g	3 kg	750 g
F46	2 kg	500 g	2 kg	750 g	3 kg	750 g
F51	No Event	350 g	No Event	500 g	No Event	500 g
F52	1.5 kg	350 g	1.5 kg	500 g	2 kg	500 g
F53	1.5 kg	350 g	1.5 kg	500 g	2 kg	500 g
F54	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F55	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F56	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F57	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F58	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F60	2 kg	500 g	2 kg	750 g	3 kg	750 g

APPLICATIONS

To be considered for the **Selection Trial for the 2019 NSWPSA Athletics Representative Team** complete either the online entry application via links below or complete and submit paper entry forms at the end of this information package.

Please note a separate online form must be completed for each event an athlete is applying for.

Applications close: 5pm Wednesday 26 June 2019.

Important: Late applications will not be considered.

Able Bodied Application: http://bit.ly/Able-bod_application

Multi Class Application: http://bit.ly/MClass_Application

Should you have any questions regarding these trials or have difficulty submitting an application please contact:

Jason Wilesmith

R/Executive Officer

NSW Primary Schools Sports Association

Senior Education Officer | DoE School Sport Unit

Ph: 02 9707 6927

Email: jason.wilesmith@det.nsw.edu.au

NSWPSSA 2019 ATHLETICS SELECTION TRIALS

8 August 2019 – Sydney Olympic Park Athletic Centre



Able-bodied– application for entry (page 1 of 2)

Please Note: A valid email address is required in order to confirm athlete's eligibility and to forward any appropriate information

Required information	Please complete:	Required information	Please complete:
Student's last name		Student's first name	
Student's age (in 2019)		Student's date of birth	
Home address		Email address	
Parent's name/s		Parent phone number	
Student's school name		School address	

Please circle age and event/s interested in applying for:

Age:	10 Years	11 Years	12 Years		
Track Events:	Boys 100m	Boys 200m	Boys 800m	Boys 1500m	
Track Events:	Girls 100m	Girls 200m	Girls 800m	Girls 1500m	
Field Events:	Boys Discus	Boys Shot Put	Boys High Jump	Boys Long Jump	
Field Events:	Girls Discus	Girls Shot Put	Girls High Jump	Girls Long Jump	

Student's last name: _____ Student's first name: _____

NSWPSSA 2019 ATHLETICS SELECTION TRIALS

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Event/s	Student's Time/Distance (Include weight of discus/shot put)	Date & event when result recorded	Official Contact for Verification (Name, position, phone number)	Website link for online verification

Completed applications form must be submitted with appropriate documentation to the NSWPSSA Office by 5pm, Wednesday 26 June 2019.

Email to: jason.wilesmith@det.nsw.edu.au

or

Post to: NSWPSSA – Athletics Selection Trials

Locked Bag 1530

Bankstown NSW 2200

NSWPSSA 2019 ATHLETICS SELECTION TRIALS

8 August 2019 – Sydney Olympic Park Athletic Centre



Multi Class– application for entry (page 1 of 2)

Please Note: A valid email address is required in order to confirm athlete's eligibility and to forward any appropriate information

Required information	Please complete:	Required information	Please complete:
Student's last name		Student's first name	
Student's age (in 2019)		Student's date of birth	
Home address		Email address	
Parent's name/s		Parent phone number	
Student's school name		School address	
Classification	Track:	Classification	Field:

Classification status: (please circle) National Provisional Review

Please circle age and event/s interested in applying for:

Age: 10 Years 11 Years 12 Years

Track Events: Boys 100m Boys 200m Boys 800m

Track Events: Girls 100m Girls 200m Girls 800m

Field Events: Boys Discus Boys Shot Put Boys Long Jump

Field Events: Girls Discus Girls Shot Put Girls Long Jump

Student's last name: _____ Student's first name: _____

NSWPSSA 2019 ATHLETICS SELECTION TRIALS

8 August 2019 – Sydney Olympic Park Athletic Centre



Multi Class– application for entry (page 2 of 2)

Event/s	Student's Time/Distance (Include weight of discus/shot put)	Date & event when result recorded	Official Contact for Verification (Name, position, phone number)	Website link for online verification

Completed applications form must be submitted with appropriate documentation to the NSWPSSA Office by 5pm, Wednesday 26 June 2019.

Email to: jason.wilesmith@det.nsw.edu.au

or

Post to: NSWPSA – Athletics Selection Trials

Locked Bag 1530, Bankstown NSW 2200

OATLEY WEST PUBLIC SCHOOL
**Community
Festival**

Sat & Sun 10am-4pm

23-25 AUGUST

K-2 Art Project 2019

Dear Kindergarten, Year 1 and Year 2
Parents and Carers,

The Oatley West Public School Community Festival is taking place from **Friday 23 August to Sunday 25 August 2019**.

The K-2 Art Project is a wonderful opportunity for our kids to be directly involved with the festival by showcasing their artwork in a fun art gallery display over the weekend.

This year we will be hanging their artworks in the school hall where they will form part of Opening Night and the Community Festival Art Show.

This is an optional activity completed at home.



Should you have any questions please contact: Julie Schofield 0400 498 696
Hayley Smith 0433 677 035

This year's theme is: **Someone I love**

Participating students will be asked to create an artwork on their canvas which is inspired by someone they love or admire. A family member, a friend, teacher, or even someone they would love to meet.

HOW TO ORDER

- ▲ Log in (or register)
www.flexischools.com.au
- ▲ Select 'Community Festival K-2 Kids Art Project 2019'
- ▲ Select your purchases
Canvas \$10 | Paint Palette \$6
- ▲ Canvas and paint palette (with further instructions) will be delivered to your child in the coming weeks

**Ordering closes:
1 July 2019**

Older siblings in years 3-6 will have the opportunity to participate in a separate art project.

**“Art and love are
the same thing...”**

- Chuck Klosterman

www.flexischools.com.au

亲爱的幼稚园, 一年级, 二年级小朋友的家长们

一年一度的Oatley West Public School 社区活动节又要开始了!

今年的Oatley West Public School 社区活动节将于周五2019年8月23日到周日2019年8月25日举行。

与往年相同的是, 在 K-2 Art Project (K-2 艺术项目) 这个活动是一个很好的机会, 可以通过一个周末在有趣的艺术画廊里展现他们的作品来直接参与节日的活动。

与往年不同的是, 今年我们将在他们的艺术品展示在学校的大厅里, 他们将成为开幕晚宴和整个艺术节的最亮点。

我们强烈建议家长鼓励孩子参与这个活动并在家协助完成作品, 但是这个并不是必须完成的。

今年的主题:我爱的他/她

参与的学生们将被要求在画布上创作一幅受他们所爱或倾佩的人启发的作品。这个人可以是孩子的家庭成员, 朋友, 老师, 甚至是他们想见的人。

如何参与

- 登陆flexischool的网页进行支付 (www.flexischools.com.au)
- 选择 "Community Festival K-2 Kids Art Project 2019" (K-2 艺术项目)
- 购买画板 \$10 / 颜料 \$6
- 购买成功后, 所需画板和 颜料, 同参与需知, 将会在后来的几周内送到孩子所在的班 级。
- **请注意, 报名截止日期是周一 2019年7月1日**
- 如果家中有3年级到6年级的孩子, 不要觉得失望, 因为他们的艺术作品也可以参与在另外的企划中, K-2 艺术节的活动只对幼稚园到2年级的孩子开放。

谢谢你们对活动的支持与参与。如果你们对活动有任何的疑问, 欢迎于我们的活动统筹联系。

Julie Schofield 0400 498 696

Hayley Smith 0433 677 035

Fundraising

with **BEE WRAPPY**[®]
Beeswax Food Wraps

\$25 for 3 pack

A reusable, washable and beautiful alternative to single use plastic

3 PACK

- 1 small
- 1 medium
- 1 large

What are beeswax wraps?

Bee Wrappy Beeswax Food Wraps are used to cover food, vegetables, fruits and bowls in the same way you would use cling film. They are washable, reusable and compostable.

How do Bee Wrappys work?

With the warmth of your hands, the wraps become malleable. This allows you to mould them around food and bowls, where the wrap will stick to itself, creating a breathable yet protective cover. You can also fold Bee Wrappys into snack-pouches or little envelopes which are perfect for out and about.

What can I use my beeswax wraps for?

You can use your Bee Wrappys to cover almost any food or bowl in the kitchen.

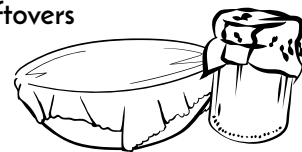


Wrap:

- half an avocado or lemon
- almost any vegetable (like pumpkin, celery, cauliflower and zucchini)
- cut fruit
- sandwiches for your lunch or picnics

Cover:

- large salad bowls for a BBQ
- cool casserole or lasagna dishes
- leftovers



Working towards making our school a more environmentally friendly place and to reduce the amount of non-recyclable waste produced on our playgrounds. School club would like to encourage you to replace your single use plastic wraps with a more earth friendly and sustainable solution, that supports the learning initiatives in our school at the same time by raising funds for your kids.








To order: login to: FLEXISCHOOLS search Oatley West Public School.
















You can order anytime between now and the end of Week 2 Term 3 - orders will be delivered to your child's classroom.

Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 ... for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 ... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 ... for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 ... for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 ... for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 ... unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 ... until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 ... unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	 ... if they have symptoms. Contact your doctor before returning to school.  ... if they have a chronic infection (not the first outbreak) and no symptoms.
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.
Molluscum Contagiosum	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	
Mumps	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.
Ringworm* (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.
Runny nose or common cold		 ... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 ... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 ... and tell the school as other parents will need to know to check their kids.

***It is important that the rest of the family is checked for head lice, scabies and ringworm**

